



March 2024

Negaunee Senior Citizens Center

Senior News



Monthly Newsletter

Helping area senior citizens live independently, with dignity, since 1974.

Spring craft workshop scheduled for March 11

The Negaunee Senior Center will offer a "Painting Party" craft workshop with Jean Kohtala on Monday, March 11.

Join Jean at 1 p.m. to put together a homemade piece of home decor. Guidance is available, and no experience is necessary. Participants will use paint and glue to create their unique wall or table decoration.

An Easter and a St. Patrick's Day wall option is available to preview at the front desk of the Negaunee Senior Center, or on our Facebook page at "Negaunee Senior Citizens Center." Participants can choose which wall hanging they want to paint.

The Easter option includes a chocolate bunny theme, and the St. Patrick's Day option says "Shamrocks &

Shenanigans."

Participants must sign up and pay by Friday, March 8, via cash or check.

The workshop is 20 per senior 60 and better, and \$35 for the general public (21+). Come and help usher in Spring with this fun, creative event.

For details, call the center at (906)475-6266 or stop in to sign up and pay.

Secretary of State offers services

The Secretary of State will be offering appointments at the Negaunee Senior Center in April.

Any senior citizen in Marquette County is able to get their Secretary of State business done by appointment on Tuesday, April 16 at the Negaunee Senior Center during their mobile office hours. Their staff will be able to renew IDs, transfer titles, apply for or renew handicapped permits and get questions answered about licenses, titles and other matters.

Secretary of State staff will be available for appointments from 10 a.m. to 3 p.m. The services are also open to drop-ins, but wait times may vary depending on how many appointments

are in progress.

Transactions that can be completed on April 16 at the Negaunee Senior Center include:

- Disability Parking Permits
- Driver license/State ID conversion to REAL ID
- Driving record copies
- Replacement vehicle tabs
- Replacement or corrected title
- Transfer or replace license plates
- Transfer title and/or register vehicle
- Register/update voter registration

The center staff will start scheduling on March 8. To secure your SoS appointment at the Negaunee Senior Center, call (906)475-6266.

Tax appointment deadline March 15

AARP volunteers will help senior citizens in our service area with their taxes and tax credits by appointment only through March.

Our clinic is filling up fast, so call now to schedule your March tax appointment. The deadline to schedule your appointment is March 15 or whenever our slots fill up.

Before attending the appointment, clients are required to fill out forms at home in advance of the appointment, and bring the required paperwork with them. A list will be provided.

AARP focuses their services on low- to moderate-income senior citizens to get their taxes done for free at the center by trained volunteers. Every person filing on the return must have a valid photo ID and their social security card to get their taxes done—no exceptions. If the taxpayer is hospitalized or in a nursing home, a power of attorney must be present.

Our staff can help clients who need assistance gathering paperwork if you give us advance notice. Call Justine at (906)475-6266 for details.

March Events

- 7 Drop-In Blood Pressure
- 11 Spring Painting Party
- 12 Footcare Clinic
- 13 Commodity Food Pick-Up
- 14 City Council Meeting
- 18 Legal Clinic
- 19 Planning Commission Meeting
- 20 In Stitches
- 21 Drop-In Blood Pressure
- 25 Europe Trip Final Meeting
- 26 Footcare Clinic
- Cribbage Tournament
- 29 Center Closed: Good Friday

Negaunee Senior Center
(906)475-6266

seniorcenter@cityofnegaunee.com
8:30 a.m. to 4:30 p.m., Monday-Friday
Visit us on Facebook!

Newsletter postage is paid for by sponsors. The Negaunee Senior Center is supported by the City of Negaunee, Marquette County Senior Millage, UPCA, United Way, other grants and the generous donations of individuals and organizations. In accordance with applicable State and Federal Laws, we do not discriminate in employment or the provisions of its services.

Senior center wish list

The center is in need of the following items, for those who want to help us out. We appreciate you!

- AA Batteries
- Blocks of cheese (any)
- Small disposable bowls
- Small plates (6" size, thick)
- Gift cards (\$10, any)
- Oven cleaner
- Postage stamps
- Red streamers

If you would like to purchase any of these items for the senior center, we thank you for thinking of us!

Please do *not* bring us the following items, as we do not have room in storage or cannot accept these items for other reasons:

- No magazines or books
- No medications of any kind
- No medical devices
- No rummage items

Reminder of bad weather policy

The Negaunee Senior Center staff reminds everyone of its policy regarding inclement weather. **If you are unsure if the center is open, call the senior center and listen to the message.**

• The Negaunee Senior Center will be *closed* for activities when the Negaunee School Systems are closed for a SNOW day. This means the roads are not fit for travel due to ice or snow. No homemaking services will take place on a snow day.

• The Negaunee Senior Center will be *open* if the Negaunee School Systems are closed for a COLD day. This means the temperatures are too cold for children to stand at bus stops, but clients can come to the center if they want to brave the cold. In-home services will continue on cold days.

• In case of utility failure—meaning there is no power, heat or water at the center—the Negaunee Senior Center will close.

Our Facebook page also will have updates on our events.

March cribbage tournament set

The Negaunee Senior Center is hosting a cribbage tournament on Tuesday, March 26.

The cribbage tournament is different from regular cribbage in a few ways. Cost is \$5 per person, and you sign up with your own partner (rather than random draw for partners, like we have on Thursdays).

Tournament play starts at 12:30 p.m., and we ask participants to be present no later than 12:15 p.m.

Refreshments will be included, and the prize money is bigger than Thursday drop-in cribbage. We also

will offer a 50/50 drawing and door prizes.

The deadline to sign up for the tournament is noon on Friday, March 22 so we have enough time to ensure even tables.

Sign-up must accompany payment, which is not refundable in the event of a no-show. Those who cancel are asked to find a replacement.



Those wishing to bring food are asked to call the center in advance to let us know what you are bringing so we don't duplicate efforts.

For details, call (906)475-6266.

Drop-in cribbage continues on Thursdays

The Negaunee Senior Center drop-in cribbage will continue on Thursdays. Cribbage is open to anyone who can play without assistance. Players draw for partners when they arrive, and play 10 games. You do not need to come with a partner.

Cost is \$3 per person, and one bottomless cup of coffee or one can of soda or bottled water is included.

Doors open at noon, and play starts at 1 p.m. We ask all players to arrive before 12:45 p.m. so we have time to call extras to make even tables. The last players to show up

will be sent home if we cannot make even tables. For details, call (906)475-6266. Winners from the last month are:

1/25/24—**Mike Kallioinen & Russ Williams**—1227

2/1/24—**Skipper Rice & Sonny Guizzetti**—1197

2/8/24—**Bob Johnson & Norman Stanaway**—1230

2/15/24—**Susan Ellis & Dave Rosten**—1197

January Cribbage Tournament—**John Parent & Larry Marta**—1418

Mr. Coffee social offered on Fridays

The Negaunee Senior Citizens Center continues to host a men's coffee time on Friday mornings.

This event allows the guys to gather and chat. Our center has a lot of groups that are attended by the ladies, but we wanted to offer something specifically for the fellas to get out and socialize as well.

The coffee will be hot from 8:30 to

10 a.m. every Friday. There is no charge for seniors (60+) for the coffee, which has been sponsored by an anonymous donor for the month of March.

Other beverages are available for purchase for \$1 at the front desk for those who don't drink coffee. Decaf coffee will be offered by request as well. Stop by the center and have a cup and chat.



Senior Services Corner

Free telephones available for senior citizens with hearing loss

No-cost captioned telephones are available for senior citizens. Requirements are high-speed internet, an electrical outlet and any verifiable hearing loss.

The “CapTel” phones have real-time captions so you can read what the caller is saying, voice amplification, caller ID and speed dial. They are up to four times louder than a regular phone and have tone control for optimal hearing.

These are not mobile phones; they work in your home with a wi-fi connection. They are available through a federal grant.

For details, call Justine at (906)475-6266; you also may contact the company directly by calling Jennifer at (248)550-6866 or visiting www.oeius.org.

The Negaunee Senior Center offers the following services:

- **Case Coordination**—Meet with our social worker, who can

help with a variety of things, including Meals on Wheels and other food assistance. Please call in advance to schedule a time to meet.

- **Financial Management**—Help understanding insurance and other bills, balancing checkbooks, etc. We have a certified counselor on staff to help with Medicare questions and enrollment.

- **Homemaker Aide**—General light household cleaning, laundry, light meal preparation, etc.

- **Respite Care**—Seniors or their live-in caregivers may qualify to have an in-home worker come to the home while the caregiver runs errands.

- **Grocery Shopping**—Homebound clients may be eligible to have someone shop for them.

Income is not a factor in whether or not you qualify for in-home services. Physical and health factors are considered, as well as available assistance in the home.

For details, call Justine at (906)475-6266.

Monthly Service News & Notes

- The Negaunee Senior Center **Footcare Clinic** will be held on Tuesdays, March 12 and March 26. Call the center at (906)475-6266 to schedule. Cost for the clinic is \$25 and includes a foot soak, nail clipping and foot inspection. In-home footcare is available for \$45 by calling (906)485-4545. Thank you to U.P. Home Health, Hospice & Private Duty for providing this service.

- U.P. Home Health, Hospice & Private Duty is now offering **haircuts** at the Negaunee Senior Center, by appointment. Cost is \$25; call (906)475-6266 for details.

- The Negaunee Senior Center drop-in **Blood Pressure Clinic** will be held at noon on the first and third Thursdays of the month, March 7 and March 21. Blood pressure and blood sugar screenings are free. There is a \$5 charge for cholesterol checks. Thank you to U.P. Home Health & Hospice for providing this service.

- Our next monthly **Legal Clinic** will be on Monday, March 18. Call (906)475-6266 to schedule an appointment. This service is free to any senior who lives in our service area, and offers a brief conversation with a practicing attorney.

- The **Commodity Food Assistance** truck is scheduled to be in Marquette County at 9 a.m. on Wednesday, March 13. If you are interested in signing up to receive commodities, call our social work team at (906)475-6266 to see if you qualify.

- Free **RSVP non-emergency medical transports** are available for those who do not have a ride to their routine doctor’s appointment. Clients must be able to get in and out of the vehicle without assistance. For details, call Justine at (906)475-6266.

Senior housing input sought

A series of Senior Housing Listening Sessions will be held at the Negaunee Senior Center. These sessions are designed to provide information and answer questions concerning a recently rezoned parcel of land near the area known as Old Town.

City staff will be recommending senior housing for the use for this property. According to the latest Target Market Analysis report by LandUseUSA, 47 percent of existing homeowners in Marquette County are above the age of 60, with renters in that same age group at 27 percent.

These sessions will be critically important to engage with community members and solicit comments/suggestions from seniors on their housing needs. This information will be used for future senior housing projects.

“Anyone can attend these ses-

sions; however, we will be primarily looking for interactions with our senior population to assess their housing needs here in Negaunee,” City Manager Nate Heffron said.

Housing development and senior housing have both been identified as goals under the Negaunee Master Plan.

Heffron said there is no developer in mind, but this is part of open process the city is taking for a possible development.

Listening session will be held from 9 to 11 a.m. on April 23, from 5:30 to 7:30 p.m. April 25, from 9 to 11 a.m. May 14, and from 5:30 to 7:30 p.m. May 16. Each session will be held at the Negaunee Senior Center, located at 410 Jackson Street in Negaunee.

Those wishing to learn more about the rezoned property can visit www.cityofnegaunee.com or call (906)475-6266, ext. 11.



Tributes



We thank Marsha Bartle for her donation in memory of **Del Bartle**.

We thank Scott Collins for his donation in memory of **Jethro Collins**.

We thank Paula & Al Rautio for their donation in memory of **Joann Connors**.

We thank NHS Class of 1965 and Dave & Linda Rosten for their donations
in memory of **Nolan "Lani" Duquette**.

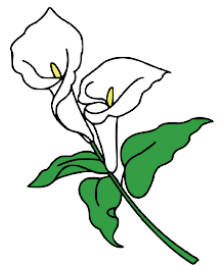
We thank Terry & John Basolo for their donation in memory of **Joy Holman**.

We thank Tom Stanaway for his donation in memory of **Tim King**.

We thank Diane, Cheryl, Randy & Teresa for their donation in memory of **Marian Kivisto**.

We thank Dave & Linda Rosten for their donation in memory of **Grace Korhonen**.

We thank William Lee for his donation in memory of **Sharon Lee**.



We thank Tom & Della Borlace and Jean Luukkala
for their donations in memory of **Donald Luukkala**.

We thank Dave & Linda Rosten for their donation in memory of **Vickie Massey**.

We thank Rogie Luoma for her donation in memory of **Earl Pleau**.

We thank Spike & Teresa Kemp for their donation in memory of **Carol Prisk**.

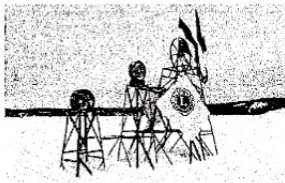
We thank Barbe Roberts for her donation in memory of **Ann Catanese Roberts**.

We thank Fran & Michelle Nelson for their donation in memory of proud marine **Rod Sharp**.

We thank Kathleen Smith for her donation in memory of **Paul Smith**.

We thank Cindy Gaboury, Donna Pyykkonen and Pam Stetson
for their donations in honor of **Negaunee Senior Center Tai Chi Program**.

Teal Lake Melt-Down Scan QR Code to Place Guess



The Teal Lake Melt-Down is a contest to select the exact day and time the replica mine shaft head-frame structure drops through the ice of Teal Lake in Negaunee, Michigan. The closest entry to the exact day and time determines the winner. The winning entry is worth 50% of the contest net proceeds or \$500, whichever is greater. Entries are \$5.00 for each guess.



Drop-in blood pressure offered

The Negaunee Senior Center and U.P. Home Health, Hospice & Private Duty continue to offer free drop-in blood pressure clinics twice a month.

Stop in on the first or third Thursday to get your blood pressure checked. Blood sugar and cholesterol checks are also available. When you arrive, sign up at the front desk.

Stay on top of your health this year by having regular blood pressure checks. For details, call (906)475-6266.

Thank you!

To the Negaunee Commission on Aging:

Larry Dillman—Chairperson

Charlene Nerone

Kate Peterson

Al Rautio

We appreciate our great volunteers!

John Basolo, Larry & Linda Dillman, Janet Dunny Byron Haraski, Daryl Hoiem, Carol Holmgren, Don Mattson, Char Nerone, Al & Paula Rautio, Mike Starrine and Francine Valenti for putting together the February newsletter.

Bill Pellow for planting and managing our garden.

Larry Dillman for his assistance with maintenance.

John Basolo and **Dave Champion** for help with cribbage.

Rodney Etelamaki for delivering Richmond Township commodities.

John Basolo for returning our cans.

Terry Basolo, Pat Day, Marlene Fisher, Jeanne Flannery, Diane Hastings, Maggie Johnson, Ann Kananen, Gloria & Bob Koski, Larry Kytasaari, Karen Palomaki, Nancy Spencer, Dee St. Andre, Russ Williams, Marcia Wilson and Juli Wirtanen for bringing food for the January cribbage tournament.

To our kitchen, stamps & wish list donors from January 20 through February 16:

Terry & John Basolo

Florence Kakkuri

Dee St. Andre

Darnel Chevrette

Gloria & Bob Koski

Paul Stille

Doug Coron

Pete Koski

Russ & Cheral Williams

Ann Dozzi

Joe & Marie Kratz

Julie Wirtanen

Byron Haraski

Pete & Beth Meli

Bob Johnson

Sandy & Gene Miller

Carol Johnson

Joe Paris

Joellyn Kainulainen

Tom Stanaway

Special thanks

...to **Dave Dunstan, Daryl Hoiem** and **Mike Starrine** for setting up the folding machine.

Negaunee Senior Center Donation Slip

Due to state and federal regulations, we are required to give persons receiving our services an opportunity to donate to the Negaunee Senior Center; 410 Jackson Street; Negaunee, MI 49866. The use of this form is encouraged when making a donation so we can make sure your gift is processed properly.

Please remember that a donation is not required to receive services.

Those donations received without including this form will be credited to the person signing the check only.

\$ _____ General Donation

\$ _____ Memorial Fund in memory/honor of _____

\$ _____ Chore Work or Homemaking Services

\$ _____ Newsletter Mailing Costs

\$ _____ Other _____

Your Name _____

Thank You!

Last Month's Center Donors

The following people have made monetary contributions to the Negaunee Senior Center from January 20 through February 16. Thank you for your continued support!

Michael Airaudi
Carolyn Anderson
Tom & Diane Ball
Bonnie Butler
Doug Coron
Bob & Rita Corradina
Gloria Crabb
David & Donna Danielson
Rae & Tony Elliot
Jim & Jeanne Flannery
Byron Haraski
Vida E. Hawthorne
Chris Hendrickson
Charlene Hill
Ernie Holland
Bob Johnson

David & Priscilla
Juchemich
Spike & Teresa Kemp
Gary & Bonita Korby
Donna Lammi
William Lee
Alfred Lehto
Kim & Heidi Lenten
Dean Maki
Eugene Maki
Vicki & John Makenin
Deb & Don Mattson
Pete & Beth Meli
Mary Jo & Roger Mikkola
Sandy & Gene Miller
Sharon & Jon Montgomery

Joan & Bruce Nelson
Linda Paquette
Fred & Janet Pascoe
Mary Peterson
Louise Reynolds
John Roberts
Dave & Linda Rosten
Samara Floral
Sew Sisters
Tom Stanaway
Mike Starrine
Paul & Martha Suomi
Ruth Vallier
Lauris & Paul Wickersham

Happy Birthday!

The following seniors, center staff (*) and friends celebrate birthdays in March.

1	Prachit Chayapruks	15	Mike Kallioinen	24	Sonia Kornewich
	Beverly Scarbrough		Nancy Kurin		Dennis Mapes
2	Kae Salminen	16	Barbara Jutila	27	Louise Reynolds
	Nancy Stoll	17	Don Ellis		Karina Suardini*
	Larry Stratton	18	Ted Brody	28	Anne Connors
3	Kathy McCormick		Linda Saari	29	Kathryn Dubord
	Diane Symons	19	David Laituri		Jim LaJoie
6	Bea Wertanen		George Sironen		Linda Lester
8	Kathleen Kero	20	Judith Altobello	30	Tyrone Bossert
10	Doreen Johnson		Karen Lake	31	Donald McCarthy
13	Barb Cohan	21	Shirley Honkala		
14	James Kippola		Debra Kroon		
	Sherrie Willey	23	Sharon Landmark		

Names are listed with permission. Please let us know if you notice the name of someone who has passed away.

Group Travel Corner

Treasures of Egypt tour open for sign up through May 1

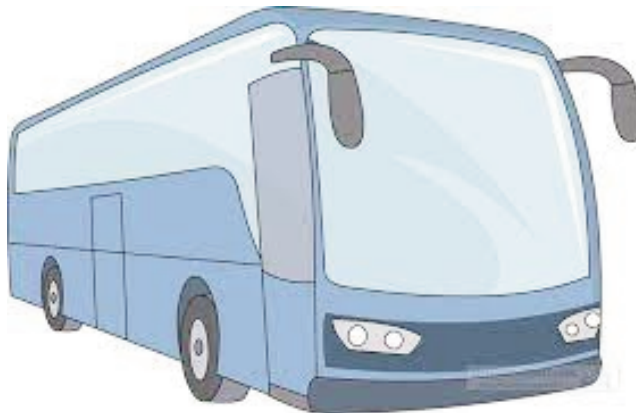
“Treasures of Egypt” will offer stays in Cairo and Aswan, with stops in Giza, Edfu, Luxor and more. This 11-day, 10-night tour includes 21 meals, transportation and lodging. From the Great Sphinx to the Giza plateau and pyramids to a river cruise on the Nile, this tour will offer ancient history in living color.

The tour takes place Oct. 31 through Nov. 11. An optional extension to Jordan to see Petra and the Dead Sea is also available. Pricing starts at \$5,049 per person for double room occupancy.

Optional excursions to the Temple of Ramses II at Abu Simbel, the Avenue of the Sphinxes and the Royal Mummies Museum are available for an additional cost.

The interest meeting presentation that took place in February was recorded, and is available online.

Call Kristy at (906)475-6266 to get the link sent to you. Sign-up will be



done by appointment only to ensure someone is available to assist you.

Smoky Mountains/Pigeon Forge trip full; waiting list available

The Negaunee Senior Center’s September trip to Pigeon Forge has filled. Those who did not sign up but are interested can get on a waiting list.

The tour runs from Sept. 28 through

Oct. 6, 2024. Pricing starts at \$1,349 per person, and includes transportation, lodging and 14 meals.

To get on the waiting list, call Kristy at (906)475-6266.

2025 travel information coming this summer to a mailbox near you

The Negaunee Senior Center will be offering a tulip riverboat cruise in Belgium and the Netherlands and a tour to

Costa Rica in 2025.

Flyers, pricing and dates are not yet available, but will be mailed to those on our international group travel mailing list as soon as they are.

To get on our group travel mailing list, call (906)475-6266.

The Negaunee Senior Center group travel program is a fundraiser for senior services in our service area.

Negaunee Senior Citizens Center
410 Jackson Street
Negaunee, MI 49866

BULK RATE
U.S. Postage Paid
Permit #3
Negaunee, MI
49866

ADDRESS SERVICE REQUESTED



United Way of Marquette County

Congregate Meal Schedule

March 4: Lemon Pepper Chicken

Lemon pepper chicken with baby carrots, red bliss potatoes, diced peaches and a dinner roll.

March 11: Cheeseburger

Cheeseburger with baked beans, wedge fries, cinn.-applesauce, burger bun and ketchup & mustard.

March 18: Sausage with Kraut

Sausage with kraut, red bliss potatoes, baby carrots, chocolate mint dessert and a dinner roll.

March 25: Roast Beef

Roast beef with mashed potatoes & gravy, capri veggies, diced pears and a dinner roll.

CAAM Congregate Meal Info

Community Action Alger-Marquette (CAAM) staff prepares the meals in their kitchen and delivers them hot and ready to eat to our senior center.

They are the same meals offered for Meals on Wheels, listed on the back of the calendar in this newsletter. This meal is available for dine-in only, and you must sign up by 3 p.m. on the Friday prior.

There is no charge for the meal; a suggested donation of \$3.50 is optional. To reserve your lunch, call (906)475-6266.