

Negaunee Senior Center Senior Center March 2024



(906)475-6266

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Monday	Tuesday	Wednesday	Thursday	Friday
CAAM Luncheon	Spring Painting Party	Cribbage Tournament Tuesday, March 26		1
The menu is available on the back of this calendar	See the newsletter or our Facebook page for more details.	\$5 per player, See newsletter for details		8:30 Mr. Coffee
Reserve your dine-in meal by 3 p.m. on Fridays	Must RSVP by Friday, March 8	Sign up by Friday, March 22	Site of the State	
4	5	6	7	8
10:00 Aerobics 12:00 CAAM Luncheon	1:00 Advanced Tai Chi for Arthritis	10:00 Tai Chi for Arthritis	10:00 Aerobics 12:00 Drop-in Blood Pressure Clinic 1:00 Drop-In Cribbage	8:30 Mr. Coffee
11	12	13	14	15
10:00 Aerobics 12:00 CAAM Luncheon 1:00 Spring Painting Party	Footcare— By Appointment	9:00 Commodity Food Pick-Up 10:00 Tai Chi for Arthritis	10:00 Aerobics 1:00 Drop-In Cribbage	8:30 Mr. Coffee
	1:00 Advanced Tai Chi for Arthritis		6:30 City Council Meeting	
18	19	20	21	22
Legal Clinic— By Appointment 10:00 Aerobics 12:00 CAAM Luncheon	1:00 Advanced Tai Chi	10:00 Tai Chi for Arthritis 1:00 In Stitches	10:00 Aerobics 12:00 Drop-in Blood Pressure Clinic	8:30 Mr. Coffee
	for Arthritis 6:00 Planning Commission		1:00 Drop-In Cribbage	Cribbage Tournament Sign-Up Deadline
25	26	27	28	29 Center Closed
10:00 Aerobics 11:00 Europe Final Meeting 12:00 CAAM Luncheon	Footcare— By Appointment 12:30 Cribbage Tournament 1:00 Advanced Tai Chi for Arthritis	10:00 Tai Chi for Arthritis	10:00 Aerobics 1:00 Drop-In Cribbage	Good Friday